

ZOOM

Lundi	10H	YOGA		Emma	https://us02web.zoom.us/j/2910792694	
	18h30	CAF		Marc	https://zoom.us/j/8522620287	
Mardi	11h	pas de cours ce mardi				
Mercredi	8H		GYM DOUCE	Elisabeth	https://zoom.us/j/4387172053	
	9H	YOGA		Emma	https://us02web.zoom.us/j/2910792694	
Vendredi	18h30	DOS/ABDOS		Marc	https://zoom.us/j/8522620287	
Samedi	11H	YOGA		TATIANA	https://us06web.zoom.us/jc/84125087591#success	
Dimanche	10h	BODYSCULPT		Elisabeth	https://zoom.us/j/4387172053	